

Skin Care Therapies

Sedona Mist Facial	85.
AVEDA Facial Experience	95.
Micro Planning Facial	125.
Hydropeptide Facial	125.
Protein Facial	125.
Organic Fitness Facial	95.
Organic Prenatal Facial	95.
CBD Facial	95.
Microdermabrasion Facial	125.
Oxygen Facial	125.
Back Facial	85.
Gentleman's Facial	85.
Teen Facial	60.

Skin Care Enhancements

Enzyme Peel	25.
Protein Peel	25.
Touch Therapy	25.
Prenatal	25.

Eyelash Extensions

Full Set of Natural Eyelashes	125.
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Hand & Foot Therapy

Retreat Manicure	19.	BNS Pedicure	39.
Gel Manicure	33.	Holistic Pedicure	50.
Holistic Manicure	25.	Glycolic Pedicure	50.
French Manicure	24.	Peppermint Pedicure	55.
Acrylic Fills	30. & up	French Pedicure	44.
Gel Polish Change	19.	Polish Change	15.
Polish Change	12.	Zen Pedicure	34.

Retreat Hours

Monday	10:00 am - 6:00 pm
Tuesday & Wednesday	10:00 am - 8:00 pm
Thursday & Friday	10:00 am - 9:00 pm
Saturday & Sunday	10:00 am - 6:00 pm



953 N. University Drive
Coral Springs, Florida 33071

954-796-0005

www.bodyandsoulretreat.com

Massage Therapies

	30 min	60 min	90 min
Swedish	60.	85.	120.
Deep Tissue	75.	105.	140.
Couple's Massage	*	170.	240.
Ayurvedic	*	*	125.
Stone Massage	*	105.	140.
Prenatal Therapy	*	100.	*

* Not Available

Massage Enhancements

Aromatherapy	15.	Hot Stones	20.
Deep Tissue	20.	CBD	25.

Alternative Therapies

	30 min	60 min	60 min	90 min
Reflexology	70.	90.	Raindrop	* 125.
Accupuncture	65.	95.	Cranial Sacral	95. *
Touch Therapy	* 75.	CBD Massage	110.	150.

* Not Available

The Soul Massage

The Best Massage Membership in South Florida!
Monthly body work on your schedule.
Sign up today at www.bodyandsoulretreat.com

Monthly Memberships

	min.	monthly
The Soul Massage	50	55.
Zen Membership	50	59.
Prenatal Massage (7 mo.)	50	70.
The Soul Massage	90	89.

Minimum Six Month Membership Required.

Retreat Spa Packages

Peaceful Sedona	159.	The Haven	269.
Zen For Men	204.	Retreat Signature Day	343.
Soulful Journey	222.	Body & Soulmates	360.
Zen Temple	249.	Spirit of Sedona	468.

Package Price includes all Gratuities.

954-796-0005

Service Prices are subject to change without notice
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