

## Skin Care Therapies

Sedona Mist Facial	85.
AVEDA Concepts Facial	95.
Hydropeptide Facial	125.
Protein Facial	125.
Organic Fitness Facial	95.
Organic Prenatal Facial	95.
CBD Facial	110.
Oxygen Facial	125.
Back Facial	95.
Gentleman's Facial	85.
Teen Facial	65.

## Hand & Foot Therapy

Retreat Manicure	19.	BNS Pedicure	39.
Gel Manicure	35.	Holistic Pedicure	50.
Holistic Manicure	25.	Glycolic Pedicure	50.
French Manicure	24.	Peppermint Pedi	55.
Acrylic Fills	30. & up	Coconut Lime Pedi	55.
Gel Polish Change	19.	Zen Pedicure (30 min)	34.
Polish Change	12.	Toe Polish Change	15.

## Depilatory Sessions

Eyebrow	16.	Bikini	35.	Half Arm	25.
Lip	10.	Brazilian	50.	Arm	35.
Chin	10.	Back	52.	Half Leg	30.
Face	45.	Sideburns	10.	Leg	35.

## Retreat Hours

Monday	10:00 am - 6:00 pm
Tuesday & Wednesday	10:00 am - 6:00 pm
Thursday & Friday	10:00 am - 6:00 pm
Saturday & Sunday	10:00 am - 6:00 pm



953 N. University Drive  
Coral Springs, Florida 33071

954-796-0005

www.bodyandsoulretreat.com

## Massage Therapies

	60 min	90 min
Swedish	85.	120.
Deep Tissue	110.	140.
Couple's Massage	170.	240.
Ayurvedic	170.	125.
Stone Massage	110.	145.
Prenatal Therapy	100.	*

\* Not Available

## Massage Enhancements

Aromatherapy	25.
Deep Tissue Therapy	25.
Hot Stone Therapy	25.
CBD Therapy	25.

## Alternative Therapies

	60 min		60 min	90 min
Reflexology	90.	Raindrop	*	125.
Accupuncture	95.	Cranial Sacral	95.	*
Touch Therapy	75.	CBD Massage	110.	145.

\* Not Available

# The Soul Massage

The Best Massage Membership in South Florida.  
Monthly body work on your schedule with a  
choice of alternative therapies.

Join today at

www.bodyandsoulretreat.com

## Zen Membership

50 min. Sessions  
\$69.00 monthly

Minimum Six Month Membership Required.

Available Choice of Zen Sessions

Zen Massage, Zen Facial, Zen Reflexology, Zen  
Acupuncture, Zen Yoga, Zen Cranial or Zen Body Scrub.

## Retreat Spa Packages

Peaceful Sedona	159.	The Haven	269.
Zen For Men	204.	Retreat Signature Day	343.
Soulful Journey	222.	Body & Soulmates	360.
Zen Temple	249.	Spirit of Sedona	468.

Package Price includes all Gratuities.

# 954-796-0005

Service Prices are subject to change without notice

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